



Helping you to feel good!

Booking Form

Please complete the form below with details of the course you wish to book. If you wish you book a place on more than one course, or book more than one place on the same course, please use a separate booking form for each booking.

Course Title:	
Course Date:	
Name:	
Address:	
Contact number:	
Any special requirements:	

Please tick this box if a map of the venue is required.

Please tick this box if information on Park and Ride, for Ipswich, is required.

Payment details:

- **I wish to pay by credit/debit card**
Please complete the online booking form and this payment option online. You can find more details on how to do so at www.health-world.co.uk/go/bookings.
- **I wish to pay by cheque**
Please print this booking form and return with your cheque for the appropriate amount.

Women Only	£150
Empowering Teenagers	£120
Women at Work	£150
Individual Support (six one-hour sessions)	£190 (adults) / £150 (teenagers)

All cheques should be made payable to **M James**.

- **I wish to pay by standing order**
Please print the standing order form on the next page and return it, completed, with this booking form.

Your completed booking form should be sent to:

Health World
11 Bushey Close
Capel St Mary
Ipswich IP19 2HW

Tel: 0845 8387 336
Email: hello@health-world.co.uk

Please note that if you have to cancel your booking, a full refund can be made up to 14 days prior to the beginning of the course. Full terms and conditions can be found on our website at www.health-world.co.uk or please contact us on 0845 8387 336.

Standing Order Form

Your details:

Name
Address
.....
.....
Contact Number

Your bank details:

Bank name
Bank address
.....
.....
Your sort code
Your account number
Amounts to be paid in 3 monthly installments beginning on 1 st
and ending on 28 th
1 st installment of £.....
2 nd and 3 rd installments of £.....
To be paid to: Alliance & Leicester Bank Plc, Bootle, Merseyside, GIR 0AA
Sort Code 72-50-02
Account Number 33708189

Your signature:

Name
Signature
Date

Please return this form to:

Health World
11 Bushey Close
Capel St Mary
Ipswich IP19 2HW

In case of any queries, please
telephone 0845 8387 336.